

Curriculum Map

Subject: **“A LEVEL” PHYSICAL EDUCATION**

Year Group: **12**

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Content- WHAT will be learned? What previous learning can be linked? Why this order/sequence?	<p>APPLIED ANATOMY, & PHYSIOLOGY Cardiovascular System Respiratory System</p> <p>SKILL ACQUISITION Skill, skill continuums and transfer of skills Use of feedback Feedback</p> <p>SPORT & SOCIETY Pre-Industrial Sport</p>	<p>APPLIED ANATOMY, & PHYSIOLOGY Neuromuscular System</p> <p>SKILL ACQUISITION Impact of skill classification on structure of practice for learning</p> <p>SPORT & SOCIETY The Emergence of the Globalisation of sport</p>	<p>APPLIED ANATOMY, & PHYSIOLOGY Musculoskeletal System</p> <p>SKILL ACQUISITION Use of guidance General information processing model Information Processing</p> <p>SPORT & SOCIETY The Impact of Sport on Society</p>	<p>APPLIED ANATOMY, & PHYSIOLOGY Diet and Nutrition Preparation and Training Methods</p> <p>SKILL ACQUISITION Efficiency of information processing Reaction times Memory Models Motivation</p> <p>SPORT & SOCIETY The Role of Technology</p>	<p>APPLIED ANATOMY, & PHYSIOLOGY Biomechanical principles and levers</p> <p>SKILL ACQUISITION Personality Achievement motivation Anxiety</p> <p>SPORT & SOCIETY The Role of Technology Part II</p>	<p>APPLIED ANATOMY, & PHYSIOLOGY Energy Systems</p> <p>PYSCHOLOGY Attribution Aggression Arousal Stress Management</p> <p>SPORT & SOCIETY Revision activities</p> <p>REVISION AND RETRIEVAL Coursework Preparation</p>
Skills- What will be developed?	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>
Key ‘How’/‘Why’ Questions- What powerful knowledge will be gained? What areas/themes/concepts will be explored?	<p>Essay Structure and exam skill practise Essays on topic covered so far using scaffolding techniques</p>	<p>Essay Structure and exam skill practise Essays on topic covered so far using scaffolding techniques</p>	<p>Essay Structure and exam skill practise Essays on topic covered so far using scaffolding techniques</p>	<p>Essay Structure and exam skill practise Essays on topic covered so far using scaffolding techniques</p>	<p>Essay Structure and exam skill practise Essays on topic covered so far using scaffolding techniques</p>	<p>Essay Structure and exam skill practise Essays on topic covered so far using scaffolding techniques</p>
SEND- how will support be seen? Seating plans? Simplified questions?	<p>Seating plans Layered answers AO1. AO2. AO3. Scaffolding</p>	<p>Seating plans Layered answers AO1. AO2. AO3. Scaffolding</p>	<p>Seating plans Layered answers AO1. AO2. AO3. Scaffolding</p>	<p>Seating plans Layered answers AO1. AO2. AO3. Scaffolding</p>	<p>Seating plans Layered answers AO1. AO2. AO3. Scaffolding</p>	<p>Seating plans Layered answers AO1. AO2. AO3. Scaffolding</p>
Assessment- What? Why?	<p>Informal assessment</p>	<p>Informal assessment</p>	<p>Whole school assessment</p>	<p>Classroom based exam practice</p>	<p>Informal assessment</p>	<p>Whole school assessment</p>
What memory for learning skills will be required- modelling? Concrete answers? Retrieval?	<p>Exam Questions and mark schemes</p>	<p>Exam Questions and mark schemes</p>	<p>Exam Questions and mark schemes</p>	<p>Exam Questions and mark schemes</p>	<p>Exam Questions and mark schemes</p>	<p>Exam Questions and mark schemes</p>
Literacy- reading, extended accurate writing and oracy opportunities	<p>Text book comprehension. Super curriculum activities. Long answer questions form exams</p>	<p>Text book comprehension. Super curriculum activities. Long answer questions form exams</p>	<p>Text book comprehension. Super curriculum activities. Long answer questions form exams</p>	<p>Text book comprehension. Super curriculum activities. Long answer questions form exams</p>	<p>Text book comprehension. Super curriculum activities. Long answer questions form exams</p>	<p>Text book comprehension. Super curriculum activities. Long answer questions form exams</p>
Numeracy/computing skills	<p>Cardiovascular system and respiratory system data analysis</p>	<p>Exam practice for CV system and Respiratory System</p>	<p>Exam practice for CV system and Respiratory System</p>	<p>Exam practice for CV system and Respiratory System</p>	<p>Biomechanical principles and levers calculations</p>	<p>Coursework introduction</p>

Character development	<p style="text-align: center;"> Resilience whilst working to obtain and perfect new skills Respectful to other when working in a team and against others. Aspirational to endeavour to achieve next level and be competitive in all activities Compassionate regarding others in the group and developing empathy. Resourcefulness, applying the skills within the activities to achieve personal success </p>
Equality /Diversity opportunities	<p style="text-align: center;"> Discussion points were relevant about elite athletes, historical context of the sport covered. Both male and female Role models and the diversity of disability sport </p>
Homework /Independent learning	<p style="text-align: center;"> Homework: Exam question work sheets and revision activities. Reading and note taking expectation outside of classroom environment </p>
CIAG coverage/links	<p style="text-align: center;"> Referencing to careers related to the activities being covered as appropriate. Discussion regarding sports careers University visit </p>

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	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Content- WHAT will be learned? What previous learning can be linked? Why this order/sequence?	<p>EXERCISE PHYSIOLOGY & BIOMECHANICS Injury Prevention and Rehabilitation in Sport</p> <p>SPORT PSYCHOLOGY Attitude Leadership Group Dynamics</p> <p>SPORT & SOCIETY & TECHNOLOGY IN SPORT Concepts of physical activity and sport# Development of elite performers in sport</p>	<p>EXERCISE PHYSIOLOGY & BIOMECHANICS Linear Motion Angular Motion Projectile Motion</p> <p>SPORT PSYCHOLOGY Confidence Goal Setting Social Facilitation</p> <p>SPORT & SOCIETY & TECHNOLOGY IN SPORT Ethics in sport Violence in sport Drugs in sport</p>	<p>EXERCISE PHYSIOLOGY & BIOMECHANICS Fluid Mechanics Coursework activities</p> <p>SPORT PSYCHOLOGY Revision</p> <p>SPORT & SOCIETY & TECHNOLOGY IN SPORT Sport and the law Impact of commercialisation on physical activity and sport and the relationship between sport and the media</p>	<p>EXERCISE PHYSIOLOGY & BIOMECHANICS Revision</p> <p>SPORT PSYCHOLOGY Revision</p> <p>SPORT & SOCIETY & TECHNOLOGY IN SPORT Revision</p>	REVISION AND RETRIEVAL	
Skills- What will be developed?	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>	<p><i>Retrieval and metacognition knowledge based learning</i> Application to exam questions. Analysis and Evaluation skills</p>
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Assessment- What? Why?	Informal assessment	Whole school assessment	Classroom based exam practice	Coursework (first draft)	Informal assessment	Whole school assessment
What memory for learning skills will be required- modelling? Concrete answers? Retrieval?	Exam Questions and mark schemes	Exam Questions and mark schemes	Exam Questions and mark schemes	Exam Questions and mark schemes	Exam Questions and mark schemes	Exam Questions and mark schemes
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